



Svaroop® Vidya Ashram Chants

Namaste *I honor the place in you in which the entire universe dwells.
I honor the place in you which is love, truth, light and peace.
When you are in that place in you & I am in that place in me, we are one.*

OM svaroop svasvabhavah namo namah
I bow again and again to the inherent beingness within myself and within all existence.

OM namah shivaya *I bow to my inherent Divinity*

1. SWAMI MANTRAS

OM namah shivaaya gurave
sat-chidaananda-moortaye
nish-prapan-chaaya shaantaaya
niraalalmbaaya tejase

*OM. I bow to the Guru who is the indwelling Shiva,
whose form is being, consciousness & bliss,
who is transcendent, calm,
free from all support and luminous.*

Muktaanandaaya gurave
shishya-samsaara-haarine
bhakta-kaaryaika-dehaaya
namaste chit-sad-aatmane

*I bow to the Guru Muktananda,
who rescues his disciples from samsara,
who assumed a body to meet the needs of his devotees,
whose true form is the bliss of knowingness & beingness.*

Hetave jagataameva
samsaaraanava-setave
prabhava sarva-vidyaanam
shambhave gurave namah

*To the one who is the singular cause of the universe,
who is the bridge by which all beings cross samsara,
and who is the master of all knowledge,
to the Guru, who is Shiva, I reverently bow (Guru Gita 33)*

Gururbrahmaa gururvishnur
gururdevo maheshwara
Gurursakshat parabrahma
tasmai shree gurave namah

*Guru is the creative force (brahma) & the sustaining force (vishnu)
Guru is the destructive force (Shiva) & Primordial Divine Being
Guru is truly the One Supreme Reality (parabrahman)
I bow with heartfelt gratitude to my honored Guru.*

CLOSING MANTRAS

OM saha naavavatu
saha nau bhunaktu
saha veeryam karava-vahai
tejasvi naavad-heetam astu
maa vid-vishaa-vahai
OM shaantih shaantih shaantih

*OM. May we be protected together.
May we enjoy the fruits of our actions together.
May we achieve strength together.
May our knowledge be full of light.
May we never have enmity for one another.
OM. Peace. Peace. Peace to all.*

2. Asato ma sad gamayaa
Tamaso ma jyotir gamayaa
Mrtyor ma-amritam gamayaa

*Lead me from untruth to truth
Lead me from darkness to light
Lead me from the fear of death to the nectar of immortality*

3. Bhagavan Namah(a), Bhagavan Namah(a)
Adinatha Sharanam
Nityananda Sharanam
Shivo'ham Shivo 'ham

*Oh Lord, I bow to you, Oh Lord, I'm calling your name
I take refuge in Adinatha
I take refuge in Nityananda
I am Shiva, I am Consciousness.*

4. Bolo Hare Narayana, Narayana
Lakshmi-Narayana, Bolo Hare
Narayana, Narayana, Narayana, Bolo Hare
Maha Lakshmi, Maha Lakshmi, Lakshmi Devi, Bolo Hare

*Sing praise to Narayana , Narayana
Lakshmi-Narayana, Sing praise!
Narayana, Narayana, Narayana, Sing praise!
Honored Lakshmi, Divine Lakshmi, Sing praise!*

5. Chidananda Rupah
Shivo'ham Shivo'ham (Shivo'ham)

*My true form is the bliss of consciousness.
I am Shiva. I am Shiva.*

6. He Nityananda, He Nityananda
Nityananda, Nityananda, Nityananda Hare

*Hail to Nityananda, Hail to Nityananda
Nityananda, Nityananda, Nityananda, Hooray!*

7. Jaya Shiva Shankara
Shiva Parameshvara
Nataraja Nataraja
Parvatipati Shambho

*Hail to Shiva (outside and inside); Shankara (Shiva as teacher)
Paramasheva (The supreme and ultimate Lord).
Nataraja (Shiva dancing the universe into existence.)
Parvati's Lord (the beloved of the Goddess); Shambo (the one who bestows peace)*

8. Na Shivam Vidyate Kvachit
Shiva Shiva Shiva Shiva Shiva

*There is nowhere there is not Shiva. Everything that I see is He.
There is nothing that is not Shiva. Everything that I see is Me.
Shiva Shiva Shiva Shiva Shiva*

9. OM Namah Shivaya

OM. I honor my Self as Consciousness-Itself.

10. OM Guru Mere Guru
Jaya Guru OM
OM Guru OM

*OM Guru, My Guru
Hail to the Teacher of Truth
OM Guru OM*

11. OM namo bhagavate Muktanandaya	<i>I bow to the Divine Self, the One who was Muktananda and is my own Self</i>
12. OM poornamadah poornamidam Poornaat poornamudachyate Poornasya poornamaadaaya Poorna-mevaava-shishyate OM shanti shanti shanti	<i>OM. That is perfect. – “That” (the primordial Essence of Being, which existed before anything existed) is perfect and full. This is perfect. – this (the manifested world, and expression of the one into form) is perfect and full. From the perfect springs the perfect. – This world has come from “That” one Reality. If the perfect is taken from the perfect – If the manifested world disappears. OM. Peace! Peace! Peace!</i>
13. OM shantih shantih shantih	<i>OM. Peace! Peace! Peace!</i>
14. Purno'ham Shivo'ham Svaroopo'ham Nityanandaya Nityanandaya Shivo'ham Shivo'ham Shivo'ham	<i>I am completely full and perfect, I am Shiva, I am my own true form I am eternal bliss, I am eternal bliss I am Shiva, I am Shiva, I am Shiva (consciousness)</i>
15. Radha, Radha Krishna Radha Radha Krishna Radha	<i>Radha—a woman who loved Krishna with her whole being Krishna— a God-man, incarnation of Lord Vishnu</i>
16. Karishye 'vachanam tava (Bhagavadgita 18.73) Asmi dasah(a) Krshna Krshna Hare Krshna 1. Samatvam yoga uchyate (2.48), Krshna uvacha 2. Yogah(a) karmasu kaushalam (2.50), Krshna uvacha 3. Dukha samyoga viyogam, yoga samjnitam (6.23) 4. Yam samnyaasam iti prahur, yogam tam viddhi (6.2) 5. Tyagac-chantir anantaram (12.12), Krshna uvacha	<i>I will do what you are telling me to do. I am your servant. Krshna, Krshna. Hail to Krshna. “Yoga is evenness of mind,” Krishna says. “Yoga is skill in action,” Krishna says. “Yoga is the dissolution of union with pain.” “Yoga is renunciation (letting go while in the midst of the activity).” “Peace immediately follows renunciation,” Krishna says.</i>
17. Shivo'ham Shivo'ham Shivo'ham Shivo'ham	<i>My true identity is the essence of being.</i>
18. Shree Ganesha Namaha Sharanama Ganesha Ganapati Ganapati Ganapati OM	<i>I honor you, Great Lord Ganesha I take refuge in you. Ganapati, Lord of the Angels, I call your name again and again. OM.</i>
19. Shree Ma, Jai Ma; Shree Ma, Jai Ma Namo Namah 1. Chiti Shankari, Chiti Shankari 2. Uma Parvati, Uma Parvati 3. Kali Durge, Kali Durge 4. Maha Lakshmi, Lakshmi Devi 5. Shree Saraswati, Vaag Devi	<i>Revered Mother, Hail to Mother; Revered Mother, Hail to Mother I offer salutations, I bow to you Chiti - the Self-Knowing Creative Power of the Universe; Shankari - the Goddess as Teacher Uma - the All-Embracing Earth Mother; Parvati – the Goddess with the intoxicatingly beautiful form Kali - the Destroyer of Demons (outer and inner demons; Durga - the Protectress Lakshmi – the Goddess of Abundance, Devi – Divine Being Saraswati - Goddess of Knowledge</i>
20. Tadaa drashtuh svaroope 'vasthanam Shivo'ham Shivo'ham	<i>In the moment your mind becomes still, the Bliss of pure Being arises and fills you from within. I am Shiva. I am Shiva.</i>
21. JAYA JAYA ARATI NITYANANDA REFRAIN Jaya jaya aaratee Nityaananda saguna roopee Govindaa jaya jaya aaratee Nityaananda Prathama dattaroopa gheshee dvitiyaa shreepaada hoshee tritiyaa naraharee hoshee Gaangaapuree leelaa daavishee. REFRAIN Maanika prabhu too hoshee Akkalkota swaamee hoshee Shir(a)dee saayeenatha hoshee kaliyugee Nityaananda banashee. REFRAIN Aisee aneka roope too gheshee Ganeshapuree too vasashee bhakta-anchee ichhaa puravishee baalaannaa bahu aavadashee. REFRAIN	<i>Hail Hail! I offer lights to Nityananda You are the Divine, present in human form (Govinda) Hail Hail! I wave lights to Nityananda First you became Datta (the original Guru) Secondly you took the form of Shripad (a Master from earlier times) Thirdly you became Narahari (a Master from earlier times) You show your play in Gangapuri (this earthly plane) You became Manika Prabhu (a Master from earlier times) You became Akkalkota Swami (a Master from earlier times) You became Shirdi Sai Baba (a Master from earlier times) In our modern age, you became Nityananda You have taken countless forms You came to reside in Ganeshpuri to fulfill the desires of your devotees You are very dear to the children</i>